



Fall Conference Returns! -Thai Transformations

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Thai Transformations was established by Jeanne Coleman, a licensed massage therapist and physical therapist assistant. Since graduating from Bancroft School of Massage Therapy in Worcester, MA, Jeanne has immersed herself in the study of Thai massage both in the U.S. and in Thailand, where she has made annual trips since 2004. Jeanne has studied with many of the most world renowned Thai massage schools and masters. Thai transformations evolved from Jeanne's love of Thai massage, Thai people, and Thai



culture. Jeanne feels that this ancient form of healing is truly a sacred gift and is transforming for both giver and receiver. She loves to share Thai massage with others whether it be through giving massage treatments, through teaching, and/or introducing people

to amazing and fascinating Thailand, the "land of smiles". Jeanne Coleman is a continuing education approved provider for National Certification Board for Therapeutic Massage and Bodywork NCBTMB. Approved provider #450632-08.



Check email or website for online registration link.

HAVE YOU MOVED? CHANGED YOUR NAME? DON'T FORGET TO UPDATE!

Have you moved ?
 Changed your name? Got a new email address?

Make sure you update your AMTA account! We use this information from the national database to send all your AMTA SD Chapter News!

How do you update your information you ask?

Well there a few different ways to do so!

- 1) Log into your account on the American Massage Therapy Association website.
- 2) Call the Nation Office. 1-877-905-2700 8am-5:30pm CT M-F
- 3)Email the National Office at info@amtamassage.org

FIND US ON FACEBOOK & JOIN OUR OFFICIAL AMTA SD GROUP

https://www.facebook.com/amtaSD/

WEBSITE-*https://sd.wp.amtamassage.org*



PRESIDENT'S MESSAGE



Greetings fellow South Dakota AMTA Members! I hope that this message finds you and yours happy, healthy and enjoying summer the best you can!

The AMTA SD Chapter Volunteers have been looking forward to being able to have an in-person event.

I am happy to report that September 24 & 25, 2021 we will be hosting Jeanne Coleman and Thai Tabletop Massage in Watertown. Please see the links that will be provided here, on our chapter website or our chapter Facebook Page. This event is limited to 26 people, so please register early.

To celebrate being together, in-person, for the first time since the fall of 2019, the board has decided to throw a Member Banquet and Recognition Ceremony on Friday, September 24th, 2021 at 6 in the evening, central time. During the banquet we will be celebrating chapter members and massage professionals by means of chapter recognition.

I would also like to invite you to attend the AMTA SD Chapter Board Meeting on Thursday, September 23rd at 6 pm central time. All members are invited to all open board meetings of the AMTA SD Chapter. I ask that if you decide to attend, please contact myself first, so that arrangements can be made to accommodate all of those wishing to attend. We want to have everything arranged ahead of time so we can accommodate our members as best as possible.

I am looking forward to seeing many of you in September in Watertown!

May we joyfully cross paths along life's journey.

Sincerely

Dawn Menning

2021-2022 CALENDAR OF EVENTS AND TIMELINES

August 25, 2021 - AMTA National Board of Directors Meeting – Tampa, FL

August 26 -28, 2021 AMTA National Convention – Tampa, FL **CANCELLED**

Thursday, September 23, 2021– AMTA SD Board Meeting - 6pm CST –Ramkota, Watertown, SD.

September 24-25, 2021 - AMTA SD Fall Conference – Thai Table Massage with Jeanne Coleman, Best Western Ramkota, Watertown, SD

Friday, September 24, 2021 – 6 pm CST – AMTA SD Chapter Banquet & Awards Ceremony.

September 25, 2021– AMTA SD Post Conference meeting - immediately after conference.

January - February – March 2022 – Accepting applications for 2022 chapter election of officers.

Tuesday, April 26, 2022 - 6pm – AMTA SD conference set up meeting.– Huron Event Center , Huron, SD.

April 27 & 28, 2022- Spring Conference - Craniosacral Therapy Level 1 with Wahneta Dimer, - Crossroads Hotel and Huron Event Center, Huron, SD.

***Thursday, April 28, 2022** – AMTA SD Chapter Board Meeting – Crossroads Hotel & HEC, Huron, SD.

April 29 – 30, 2022 – Spring conference – Craniosacral Therapy Level 2 with Wahneta Dimer - Crossroads Hotel & HEC, Huron, SD.

Friday, April 29, 2022 – 6 pm Annual Meeting and Banquet

April 30, 2022 – Post conference board meeting – immediately after conference

***August 25-27, 2022** – AMTA National Convention – Cleveland, Ohio.

LOOKING FOR A FEW GOOD MEMBERS!

Looking for a Few Good Members!

Perhaps some of you remember a similar slogan that the Marine Corps. had once enlisted. While we are not a comparison to the Marine Corps., the fact that “We ARE LOOKING for A Few Good Members”, is definitely true!

Are You interested in making a difference?

Our chapter needs members, like you, to volunteer to fill board and chair positions. We are looking for members who are interested in working as a team to make a difference, being a voice for our chapter’s members, while promoting massage therapy profession within our state.

How can You get involved in volunteering for the AMTA SD Chapter?

Currently the chapter has opportunities for first time volunteers and volunteers that may have done this a time or two before. Most positions open are up for election and require that a member has a year of volunteering for the AMTA SD Chapter under their belt, however, we can get you started volunteering ASAP to assist us in filling all positions required by the by-laws of our organization, come next spring.

You can also check out what current board and chair members are doing in their roles, by coming to meetings, asking them questions, “shadowing”

them as they do their respective duties, etc... You can also learn more about the elected positions by going to amtamassage.org, log in to your member account, click on “chapters” and scroll down until you see “Elected Chapter Positions”, click on the desired position to see the position description of interest.

“Hanging in There.”

Currently we have several chapter volunteers who would like to retire from their current volunteer positions they hold. These same folks have decided to stay on, temporarily, to assist the chapter board and keep things running while we seek other members to fill the following positions. Volunteers that are “hanging in there” and open positions are posted below:

President – Up for election Spring 2022 (2-year term)

Dawn Menning, Interim President (Currently completing 3rd term.)

*Chapter President is only position that is limited to 2 Two-year terms before being required to sit a term out. We did not have any members interest in running for president in 2020 and Dawn has stayed on to assist the chapter.

Voting Board Member (2021-2023)

– A 2-year term starts at time of appointment and finishes Spring 2023. Pamela Harvey, Interim VBM

Financial Administer (2021-2023) –

A 2-year term starting at time of appointment and ends Spring 2023. Amber Rasmussen, Interim FA

Secretary - Up for election Spring 2022 (2-year term) –

Jennine would like to start mentoring someone for this position ASAP! Jennine Dolphus, Interim Secretary

Also for immediate appointment:

Education Chair - (1-year term)
Arden Yee

Membership Chair – (1-year term)
Jenna Williams

Open Positions for 2022 Elections: (2022-2024 - each have a 2-year term)

President
Voting Board Member
Secretary

If you or anyone you know would be interested in becoming a AMTA SD Chapter Volunteer, are curious about seeing first hand how we work or perhaps, you would be interested in “shadowing” a mentor for a specific position? If you are interested or have questions, please contact Dawn Menning, Interim President at amtasd.pres@gmail.com and I would be very happy to assist you in getting more acquainted with us. We would like to look forward to welcoming you to the chapter volunteer team!!

MEMOIRS OF AN AMTA SD CHAPTER VOLUNTEER

-by Dawn Menning

It all began in 2013 when I attended my first AMTA SD Chapter Board Meeting. I attended the meeting because the person I rode with to the conference was currently serving as a chapter board member and I thought I would attend the meeting to observe and learn. I ended up attending a few more board meetings and soon I was volunteering.

I have enjoyed contributing by volunteering my time and talents at chapter and national levels for approximately 8 years now. Thus far it has been a grand and fulfilling adventure!

- 2013 – 1st volunteer “gig” for AMTA SD: I was asked by the president at the time if I would be interested in working on a chapter patch project with another member. We took steps necessary to purchase and have available for our members, sew-on patches that matched the chapter pin that Brenda Lanz had designed.
- 2014 to 2019 – AMTA SD Chapter Awards & Nominations Chair
- 2015 & 2016 – AMTA SD Chapter Delegate
- 2016 to 2020 – AMTA SD Chapter President (Two, 2-year terms)
- 2019 to present – AMTA SD Chapter Awards Chair
- 2019 – AMTA SD Chapter Delegate at National Convention (stand-in)
- 2019 – AMTA National Chapter Leadership Program Volunteer – assisted the committee.
- 2020 – AMTA National Chapter Presidents Council Volunteer – assisted the committee.
- 2020 & 2021 – Interim President for the AMTA SD Chapter
- ** I also write/ have written articles for the newsletter since 2014.

Why Volunteer? I reaped many benefits from my years of volunteering:

Networking – I’ve met and sustained professional and personal friendships with many “AMTA Family Members” and volunteer on state and national levels via such events as workgroups, trainings, conferences and conventions.

Growth – Professional and personal growth has been profound for me via the education and hands-on experience I have had volunteering.

Skills – I have learned MUCH! Learning opportunities are plentiful when you volunteer. If you are interested in learning a few new skills and/or polishing up some less used skills, volunteering for the chapter is a great place to do just that.

Gratification – I have found volunteering for AMTA SD and AMTA extremely rewarding. I feel exceptionally good knowing that the time and effort I put forth in volunteering for AMTA Chapter is for the good cause of supporting the chapter members, the massage therapists in the state and the massage profession. My volunteer experience over the past 8 years has been rewarding, to say the least.

Hugs – If you know me, you know I am a hugger! To me there is something fabulous about a heart to heart connection during a hug and I love sharing that connection with many. There is nothing better than collaborating with colleagues and other professionals in the spirit of kindness and peace in volunteerism.

Travel – I enjoy traveling and learning. As an AMTA SD Chapter Volunteer I was blessed to be able to do both! Travel to state and national board meetings, council and committee meetings, state conferences, National conventions and other educational, team building and skill enhancing events.

These are only highlights. There is much more!

If you are interested in running for AMTA SD Chapter President in the 2022 AMTA SD Chapter Online Elections, please contact Jenna Williams, AMTA SD Chapter Online Elections Coordinator at amta.sdnewsletter@gmail.com for a candidate application form, amtamassage.org log into your account, the look under “chapters”, there you will find links for the presidents position description. If you want to ask me questions, please contact me at amtasd.pres@gmail.com. I look forward to talking with you!

From Arden Yee : Current Education Chair

Description:

Liaison between Chapter Board, Presenter, Hotel, Meeting Venue & AMTA attendees and surrounding AMTA Education chairpersons

Exciting Opportunity to search and contact the wide realm of presenters / instructors around the country for upcoming conferences, and invite them to present to us in South Dakota, based upon Chapter member surveys.

Exciting Opportunity to search for a Hotel and meeting / Venue Space for upcoming conferences.

Responsibilities:

- Find and Invite Presenters / Instructors to come and present to our members for upcoming conferences, based upon member surveys
- Negotiate Rate(s) & dates according to set guidelines, via AMTA National, and SD-AMTA chapter board
- Create & Submit contract for Presenter
- Once contracted with the presenter, Education chair is the main contact person for presenter, throughout the conference (Before & after)
- Find hotel & meeting space venue for upcoming conferences (Typically requested to be at the same location)
- Negotiate Rate(s) & dates according to set guidelines, via AMTA National, and SD-AMTA chapter board
- Create and submit contract for Hotel & Meeting Space Venue the upcoming conference(s)
- - Once contracted with the Hotel & Meeting Venue, Education Chair is the contact main person, throughout the conference (Before & after)

amta South Dakota Chapter Membership Spotlight

Name: Arden B. Yee

City: Sioux Falls

Family: Married with 2 Daughters

How long have you been doing massage? 5 year

How long have you been an AMTA Member? (please list any volunteer positions you may have held and/or currently hold) 4 Years

What has been/is your favorite memory as an AMTA Member?

Going to National Conventions, meeting fellow members from around the country. Meeting presenters on a more personal level.

What got you interested/started in Massage Therapy?

I've always liked helping people. My sister and aunt, who live in different states have been doing massage therapy for over 30 years themselves and seemed to enjoy doing it.

What is your favorite technique?

My favorite techniques would be my version of Myofascial Release, and incorporating other techniques of Craniosacral Therapy, & PNMS

What is your biggest challenge as a therapist?

finding new variations of what I currently do to better assist my clients.

What is your best memory of being a massage therapist?

Meeting new people and hearing their stories, seeing their facial and body language of a job well done after the massage and hoping they will return.

What would you tell new people coming into massage therapy?

Initially there will be the typical challenges of a new profession for the new massage therapist, but the reward(s) are exciting.

What are your hobbies and other interests?

(blank)

Is there anything else you would like to share? (Something nobody knows about you or would be surprised to know about you):

e!! New MTs - Be confident, be Flexible in regards to your techniques... "It Doesn't Have to Hurt to Work" "One technique, Doesn't fit all clients"

MEMBERSHIP REPORT SPRING 2018

TOTAL MEMEBERS: 339

NEW MEMBERS

Hunter Kelly
Xiuxiang Lin
CyndaRae Miller
Mandie Schwartz
Jodi Hebl

5 YEARS

Satara Atwood
Ashley Bariteau
Joanna Bott
Patricia Clarin
Hollie Crevier
Anita Rose Eisenbeis Paz
Melissa Frey
Karen Hallock
Misty Heck
Leeann Duffy Holtquist
Jade Jones
Kayla Kartak
Melissa Kucera
Martina Loobey
Kecia Miller
Gabrielle Oates
Melanie A. Ogle
Janice Olsson
Lyndel Dacota Peterson
Amber Pribyl
Ashley Rieger
Tracey Schmidt
Willow Schnabel
Marcela Serocki
Ana Smiley
Candice Smith
Kelsey Stephens
Cam Thi Hong Truong
Lexi Van Wyhe

10 YEARS

Kerma Rae Cox
Carrie Dorhout
Natasha Estes
Margaret Johnson
Marlaina Joann Kinn
Susan Klimisch
Dawn M. Menning
Matthew S. Sumner

Kristia Thomas

15 YEars

Toni Fischer
Pam Harvey
Ida Mae Plate
Heather Yackley

1996 25 YEARS

Sandy Berg
Ruth Huber
Heather Schroeder

Reservations & Schedule

Ramkota Watertown & Event Center

**1901 9th Ave SW,
Watertown, SD 57201**

Phone: 605-886-8011

Room Rate: \$99 per room single/double occupancy

- ask for the SD AMTA conference to receive the Conference rate.

FRIDAY 9/24

6:45am / 7am -

Registration, Check-in, table setup

7:45am / 8am—

Welcome/Housekeeping notes /Introduction of Jeanne Coleman

8:10am - Start - Thai Table presentation / conference

11:30am - LUNCH

1pm - Resume Thai Table presentation / conference

5pm - End of 1st days presentation / conference

SATURDAY 9/25

8am - Start Thai Table Prestation / Conference

5pm - Wrap Up of Conference and Thank You Jeanne Coleman

To register online click on link below:

<https://cvent.me/QrbdqZ>

6pm SDAMTA Banquet

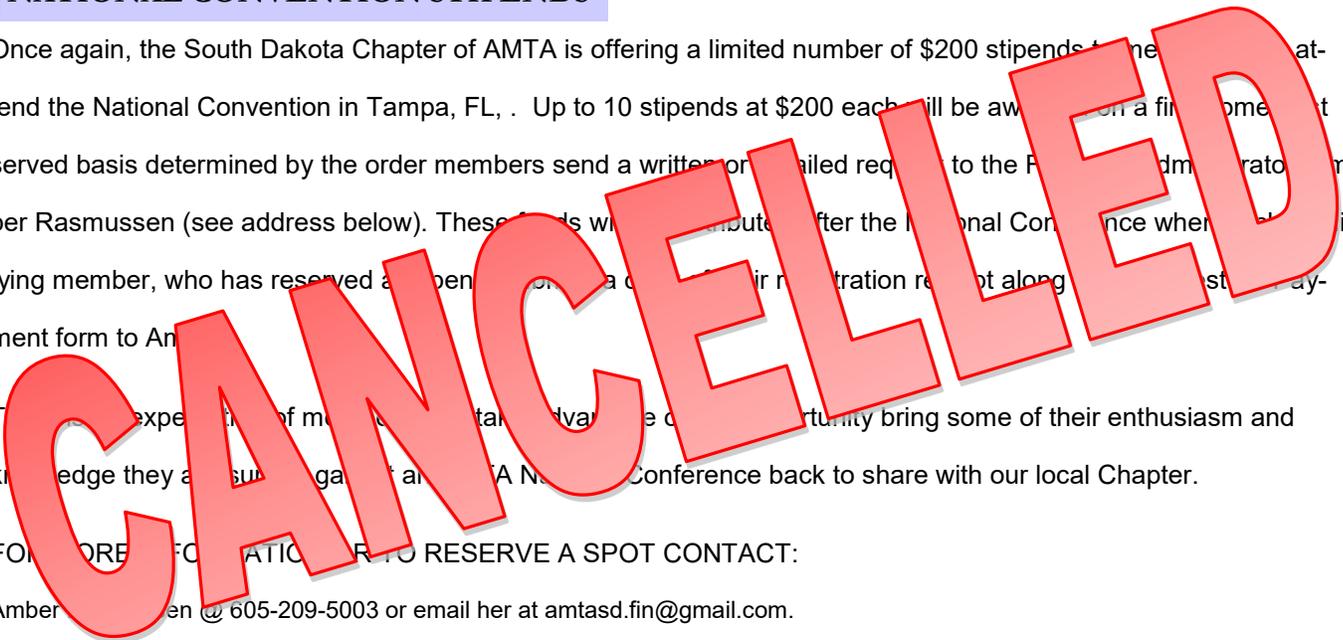
NATIONAL CONVENTION STIPENDS

Once again, the South Dakota Chapter of AMTA is offering a limited number of \$200 stipends to members who attend the National Convention in Tampa, FL, . Up to 10 stipends at \$200 each will be awarded on a first come first served basis determined by the order members send a written or emailed request to the President, Administrator, member Rasmussen (see address below). These stipends will be distributed after the National Conference when the stipending member, who has reserved a room for a conference, send their registration receipt along with a stipend payment form to Amber...

The experience of meeting with other professionals and the opportunity bring some of their enthusiasm and knowledge they are sure to gain at an AMTA National Conference back to share with our local Chapter.

FOR MORE INFORMATION OR TO RESERVE A SPOT CONTACT:

Amber Rasmussen @ 605-209-5003 or email her at amtasd.fin@gmail.com.





CONFERENCE REGISTRATION FORM

Thai Table Massage - Presented by Jeanne Coleman

Friday, September 24th and Saturday, September 25th, 2021

Ramkota Hotel & Watertown Event Center 1901 9th Ave SW, Watertown, SD 57201

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____

EMAIL ADDRESS _____

EMERGENCY CONTACT INFORMATION _____

CONFERENCE REGISTRATION RATES:

(Cost of banquet included in registration. No cost difference if you choose not to attend the banquet, Friday September 24th, 2021)

AMTA Member (Member ID # _____)\$ 145

First Time AMTA Attendee or Student (with Proof)\$ 125

Non-AMTA Members\$ 175

At the Door (Same Day Registration).....Add \$ 40

Additional Guest(s) to Banquet welcome at \$30 per person. Please advise the total number of additional guests and include in payment.

Additional Guest(s) for Friday (9/24) Night Banquet: _____ at \$30/pp = _____

Total Amount Enclosed: \$ _____ Check # _____

Make checks payable to: **AMTA-SD**

Send registration and fee to: **Amber Rasmussen**

8330 Heather Dr.

Rapid City, SD 57702-7706

NO CONFIRMATION LETTER WILL BE SENT

- 14 CEU Hours
- No Shows are non-refundable
- 2-party checks are not accepted / Credit Cards accepted through Online Registration
- Smiles, Tables, linens are needed